

## Urinary Catheter Care Bundle

### Insertion actions

1. State indication for catheter-----
2. Check for latex allergy
3. Clean the urethral meatus
  - Prior to insertion of catheter
  - Use normal saline
  - Use sterile lubricant
4. Sterile closed Drainage system
5. Hand Hygiene
  - Before and after patient contact
6. Aseptic technique with eye protection

### Urinary Catheter Daily review

1. Is catheter still needed?
2. Hand hygiene
  - Decontaminate before and after catheter contact
3. Catheter hygiene
  - Clean catheter site at least daily and more frequently if required
4. Drainage bag position
  - Off the floor but below the patients bladder to permit drainage
5. State proposed catheter change date-----  
(PTFE 28 days for short term)(SILICONE 3mths)